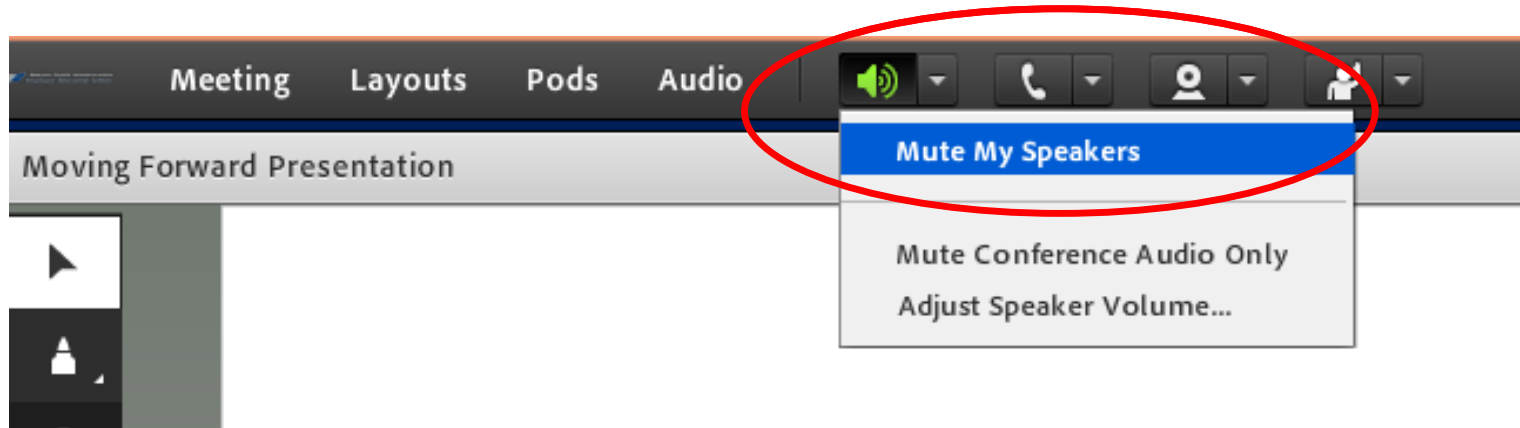


Please remember to mute your speakers.



VA Mobile Discussion Series

For audio, please dial in using VANTS:
1-800-767-1750 pc: 43950#

Thank you for joining. We will begin shortly.



U.S. Department of Veterans Affairs

Veterans Health Administration
Office of Connected Care



U.S. Department
of Veterans Affairs

VA Mobile Discussion Series

Supporting Nurses: VA Technologies that Nurses Will Care About

Presenters:

Marie Martin Ph.D., Industrial Hygienist (Safe Patient Handling
and Mobility Facility Coordinator) VA North Texas Health Care System

Theresa Tougas RN, BSN – Home TeleHealth Care Coordinator

Abigale Boerger RN, BSN – Home TeleHealth Care Coordinator



Overview of the Discussion

- Overview and Introductions
- VA Technologies for Discussion
 - Safe Patient Handling
 - Home Telehealth
 - Annie
 - My HealthVet – Securing Messaging
 - VA Video Connect
- Questions
- Closing Remarks and Survey



Safe Patient Handling

- Online and mobile application for both VA and non-VA care teams that provides evidence-based Safe Patient Handling and Mobility (SPHM) techniques to help provide the safest care possible to patients.
- Features:
 - Pictures and video clips of a variety of patient handling and mobility technologies
 - Comprehensive patient assessments and algorithms
 - Scoring and algorithms for specific patient handling tasks
 - Links to resources published by the National Association of Orthopedic Nurses and the Association of PeriOperative Registered Nurses
 - SPHM Resources



Safe Patient Handling

Benefits

- Offers the current best practices in SPHM.
- Intended for both VA and non-VA care teams as well as patients and families (the advice within this app has been compiled by VA)
- Offers a blend of knowledge, patient assessment tools, scoring tools, equipment guides, and training videos.
- Assists in determining the mobility and independence of your patient, assessing their ability to perform certain tasks, and choosing the safe method and equipment.
- Provides links to specialized tools for perioperative or orthopedic situations.

Challenges

- Patient data will never clear automatically. User needs to clear data between different patients.
- Recommended equipment could be different than the equipment available to the care teams.
- As technology changes and improves, the links that provide the manuals and training videos for the recommended equipment will need to be updated.
- Assessment methods are already evolving from the time this app was written.



Home TeleHealth (HT)

- In home monitoring service used for chronic disease management
- Variety of disease management protocols
 - Diabetes
 - Hypertension
 - COPD
 - Heart Failure
 - Weight Management



Home TeleHealth (HT)

Benefits

- Improve chronic diseases
- Reduce symptoms
- Reduce travel time
- Reduce hospitalizations/urgent care visits
- Improved communication between Veteran and Care Team

Challenges

- Technology difficulties
 - Connectivity
 - Equipment
- Strict response/program requirements
- Recruitment
- Veteran buy in



ANNIE

- Text messaging service for health management
- Variety of protocols
 - Diabetes with insulin and hypoglycemic agent
 - HTN
 - Medication reminder
 - Telehealth reminder



ANNIE

Benefits

- People always have their cell phones on them
- Improve Home TeleHealth (HT) response rates
 - Fargo VA
- Improve medication compliance
- Accountability and able to learn self management skills
- Care Teams able to review data if needed
- Easy and quick enrollment process

Challenges

- Another reminder” or alarm fatigue
- “I use my phone as a phone”
- Older population less comfortable with technology
- Data display on the clinician side
- Care Teams are not notified when Veterans opt out
- Limited protocols at this time



My HealthVet

- Online portal Veterans can use to manage healthcare
 - Access health records
 - Communicate with Care Team – Secure Messaging
 - Refill prescriptions, diabetic supplies, CPAP supplies
 - Patient Education
 - Schedule appointments



My HealthVet

Benefits

- Convenient for Veterans – can be used anytime
- Reduce call wait times
- Informed healthcare consumer
- Non-urgent health questions answered quickly by Care Team
- Can attach files onto Secure Messages
- Useful for hearing impaired

Challenges

- “Would rather talk to a person”
- Lack of technology/connectivity at home
- “On hold” prescriptions can not be refilled
- Inappropriate use of Secure Messaging



VA Video Connect (VVC)

- Technology that uses video chat to communicate between Veteran and their Care Team
- What it is used for
 - Assessments that need visualization
 - Check for edema
 - Check skin site
 - Education
 - Insulin administration
 - Blood pressure monitoring technique
 - Medication reconciliation



VA Video Connect (VVC)

Benefits

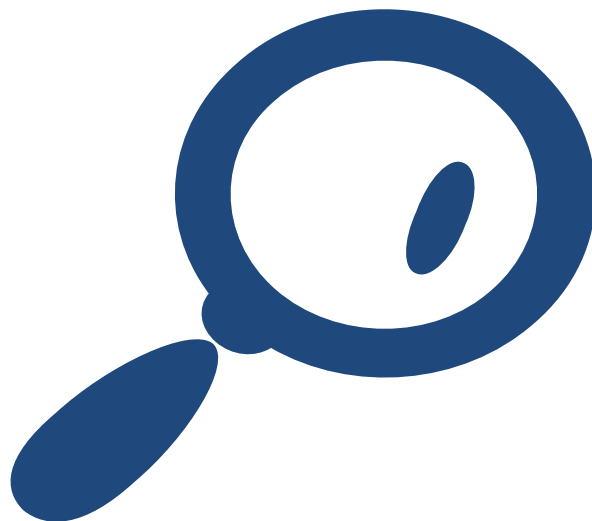
- Reduce travel time
- Build rapport with Veterans and their families/care givers
- Allows for demonstration of education
- Allows for assessment of home environment or physical appearance

Challenges

- Lack of technology and/or connectivity
- Metrics to meet versus value added by use of technology
- Have to download VVC app for Apple products – extra step
- Often requires phone call in addition to VVC visit



Questions



QUESTIONS?

Please use the chat feature on the right to submit your questions.



Survey

What future topics would you like to discuss?

Let us know by providing feedback at this link:

<https://www.surveymonkey.com/r/WYKLSLL>