

FAQ

What is MobileKidney?

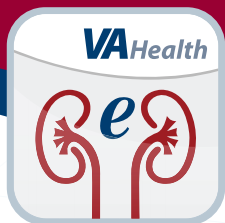
MobileKidney is a VA mobile app that is designed to help Veterans like you monitor their own kidney health and share data with their VA care team.

Why should I use the app?

MobileKidney offers an easy way to track personal health information associated with kidney health, learn about kidney health and related disease topics, and share your personal health information with your VA care team.

Who should use MobileKidney?

Veterans with kidney disease or those who are at risk for kidney disease.



Learn More At

[mobile.va.gov/app/
mobilekidney](https://mobile.va.gov/app/mobilekidney)



MobileKidney

For Technical Assistance

Health Resource Center Help Desk:

- Call 877-470-5947 to speak with a VA representative
- Weekdays: 8 a.m. to 8 p.m. ET
- For Veterans needing assistance with all apps except VA Video Connect (VVC)



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VA



U.S. Department
of Veterans Affairs



MobileKidney

A new, easy tool for you and your doctor to use.

The MobileKidney app is an easy way to track personal health information associated with kidney health and learn more about your kidney health and other related topics. With MobileKidney, you can enter, view, and track personal information to monitor your own health between clinic visits. You can also share health information with your VA care team during appointments.

The MobileKidney app can be accessed at mobile.va.gov/app/mobilekidney.

What can I do with this app?



Record health readings and notes for your blood pressure, pulse, weight, and blood sugar (glucose) levels.



Create kidney tracker-specific notifications to remind yourself to log health information in the app.



Share your recorded data with your VA care team in between or during your regularly scheduled appointments.



Access quick tips and information on ways to improve kidney health with topic categories such as general kidney information, nutrition, social work services, pharmacy and laboratory details, and treatments.

A great tool for your health care toolbox.

How do I access this app?

MobileKidney is available on Apple, Android, and Windows operating systems and is supported by these web browsers:

- Internet Explorer 10 and higher
- Safari 7 and higher
- Firefox 24 and higher
- Google Chrome 30 and higher

To use MobileKidney, you must have one of the following accounts: My HealtheVet Premium, DS Logon Level 2 (Premium), or ID.me.

If you do not have these account credentials or are not sure, visit mobile.va.gov/login-information for more information. You can also talk with your local My HealtheVet coordinator at your VA facility.

More detailed information, including a user manual, can be found under the Training Materials tab on the MobileKidney app page or by following this link: mobile.va.gov/sites/default/files/user-manual-mobile-kidney.pdf.