

Annie Messages Can Advise You About COVID-19



If COVID-19 is causing you concern, Annie may be able to help. Annie is VA's automated text messaging app that sends health information and reminders to Veterans. Any cellphone with texting capabilities can receive Annie messages.

Annie's **Coronavirus Precautions** protocol messages can help you monitor viral symptoms and know when to contact your VA care team or a nurse triage line for additional care. The messages also provide general wellness tips and education on precautions you can take to help prevent the contraction of the coronavirus.

How To Set Up Annie

Follow these steps to get started. If you already receive Annie messages for other protocols, skip to Step 6.



Step 1: Go to the website.
veteran.mobile.va.gov/annie-vet



Step 2: Log in.
Log in using your My Health eVet Premium, DS Logon Level 2, or ID.me account. Find out how to get a secure login account at mobile.va.gov/login-information.



Step 3: Consent to participate.
Read the consent information. Scroll to the end and select the consent box.



Step 4: Set up your Annie account.
Complete the fields under the **Information Messages, Preferences,** and **Patient Info** tabs. Select **Submit**, which will take you to a screen saying your registration was a success.



Step 5: Confirm participation.
You will receive a message from Annie asking you to confirm your participation. Reply to the message with the word **Start**.



Step 6: Subscribe.
To subscribe to the Coronavirus Precautions protocol, text Annie (75338) the words **SUB COVID**.



Taking charge of your health — one text at a time.

For detailed instructions, visit Annie online:

mobile.va.gov/annie



U.S. Department
of Veterans Affairs